

Food and Drug Administration Washington, DC 20204

OCT 28 1997

0814 '97 DEC 16 P1:43

Mr. Rakesh M. Amin Dilling and Dilling 150 North Wacker Drive Chicago, Illinois 60606

Dear Mr. Amin:

This is in response to your letter of October 20, 1997 to the Food and Drug Administration (FDA) pursuant to section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act (the act), on behalf of Nutrition for Life International, Inc., Houston, Texas. Your submission states that Nutrition for Life International, Inc. is making, among other claims, the following claims for the following products:

# Phytogreen

"Wheat grass nutritionally helps the body resist harm from X-rays, radiation therapy and air pollution"

#### GS 1500

"May nutritionally help reduce pain and inflammation and improve connective tissue elasticity and cushioning"

# CMO CIS-9 with with [sic] P-5-P

"May nutritionally help provide lubrication to joints and bones, may nutritionally modulate the immune system, and may nutritionally relieve pain and inflammation"

Section 403(r)(6) of the act makes clear that a statement included in labeling under the authority of that section may not claim to diagnose, mitigate, treat, cure, or prevent a specific disease or class of diseases. The statements that you are making for these products suggest that they are intended to treat, prevent, cure, or mitigate disease, namely, as an adjunct to radiation therapy (Phytogreen) and, in the context of the information presented in the claims for the products "GS 150" and "CMO CIS-9 with with [sic] P-5-P", as treatments for the pain, inflammation, and other symptoms of arthritis and/or degenerative joint and bone diseases. These claims do not meet the requirements of section 403(r)(6) of the act. These claims suggest that these products

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### Page 2 - Mr. Rakesh M. Amin

are intended for use as drugs within the meaning of section 201(g)(1)(B) of the act, and that they are subject to regulation under the drug provisions of the act. If you intend to make claims of this nature, you should contact FDA's Center for Drug Evaluation and Research (CDER), Office of Compliance, HFD-310, 7520 Standish Place, Rockville, Maryland 20855.

Please contact us if we may be of further assistance.

Sincerely,

James T. Tanner, Ph.D.
Acting Director
Division of Programs and Enforcement Policy
Office of Special Nutritionals
Center for Food Safety
and Applied Nutrition

# Copies:

FDA, Center for Drug Evaluation and Research, Office of Compliance, HFD-300 FDA, Office of the Associate Commissioner for Regulatory Affairs, Office of Enforcement, HFC-200 FDA, Dallas District Office, Office of Compliance, HFR-SW140

### DILLING AND DILLING ATTORNEYS AT LAW

150 NORTH WACKER DRIVE CHICAGO, ILLINOIS 60606 (312) 236-8417

KIRKPATRICK W. DILLING KAREN A. WEAVER, R.PH. RAKESH M. AMIN, R. PH. ESTABLISHED 1917

ALBERT W. DILLING

1892 - 1969

JOHN M. MANN

JOHN M. MANN
PATENT AND TRADEMARK

COUNSE

October 20, 1997 0815 '97 DEC 16 P1:43

Office of Special Nutritionals (HFS-450) Via Overnight Delivery
Center for Food Safety and
Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, DC 20204

Re: Notification of Statements of Nutritional Support

Dear Sir:

Enclosed is the original and two copies of an executed notification of Statements of Nutritional Support as required under Section 101.93 of 21 Code of Federal Regulations.

If necessary, please address future correspondence to our firm.

Sincerely yours,

DILLING AND DILLING

Rakesh M. Amin

Enclosure

7 OCT 24

16.

75560 CALLE DEL SUR INDIAN WELLS, CALIFORNIA 92210 (619) 568-1924 TELEFAX NO. (619) 341-1045 CALIFORNIA LEGAL ASSOCIATE
R. CHANDLER MYERS
301 NORTH LAKE AVENUE
PASADENA, 91101
(818) 792-0007



240,

TELEFAX NO (312) 236-8418

CABLE ADDRESS
DILGRON

October 20, 1997 (1997)

Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW Washington, DC 20204 97 037 24 75 : 8 0816 97 0EC 16 P1:43

Re: Statements of Nutritional Support

Dear Sir:

Consider the following as notification of Statements of Nutritional Support as required under Section 101.93 of 21 Code of Federal Regulations.

Distributor Name & Address:

Nutrition For Life International, Inc.

9101 Jameel

Houston, Texas 77040

### Statement Text

# 1) "Advanced Formula Supplement For Total Health"; "Supplement for proper growth and health"; and "Vitamin B-6, Vitamin B-12, folic acid, copper, iron and zinc help the body manufacture immune support cells which work to ward off various conditions of ill health".

- 2) "Can nutritionally help the human body to maintain the vital processes of oxidation, secretion, growth and regeneration" and "may help reduce the effects of everyday stress".
- 3) "Nutritionally assists in general cleansing" and "provides nutritional support for numerous functions of the colon, liver, kidneys and lymphatic glands".
- 4) "Supplies nutrition designed for the respiratory system".

# Name of Subject Dietary Ingredient(s)

Vitamin A, Vitamin D,
Vitamin E, Vitamin C,
Vitamin B-1, Vitamin B-2,
Niacin, Pantothenic Acid,
Vitamin B-6, Vitamin B-12,
Folic Acid, Biotin,
Magnesium, Potassium, Zinc,
Copper, Manganese, Iodine,
Chromium, Selenium and
Choline

Honeybee Pollen, Fructose, Montmorilonite (Trace Mineral Compound), Vitamin C, Rose Hips, Honeybee Propolis.

Garlic, Saw Palmetto, Fenugreek, Quassia, Red Sage, Yellow Dock, Black Cohosh, Dandelion Root, Cascara Sagrada Bark, Suma

Slippery Elm, Foenugreek, Wild Cherry, Thyme, Pleurisy Root, Marshmallow, Saw Palmetto, Mullein, Capsicum, Yerba Santa

### Brand Name

Master-Key Plus

Nutra/Gold Honeybee Pollen with Propolis

Herbal Blend 2

Herbal Blend 3

Office of Special Nutritionals (HFS-450) Food and Drug Administration

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Sta	tement Text	Name of Subject <pre>Dietary Ingredient(s)</pre>	Brand Name
23)	"Nutritionally necessary for the makeup of Coenzyme A which helps activate the cellular metabolism of carbohydrates, fats and proteins"; and "Pan- tothenic Acid is considered essential for the synthesis of cholesterol and fatty acids".		Pantothenic Acid Plus
24)	"Nutritionally provides energy and promotes physical and mental performance"; "Nutritionally helps body maintain long term health"; "Barley Grass nutritionally aids the body in DNA repair and helps improve stamina and clarity of thought"; "Wheat Grass nutritionally helps the body resist harm from X-rays, radiation therapy and air pollution"; "Spirulina helps neutralize free radicals that damage healthy cells"; "Ginkgo Biloba is a nutritional circulatory stimulant"; "Siberian Ginseng is a nutritional circulatory stimulant"; and "Grape Seed Extract provides an antioxidant role".	Wheat Sprout Concentrate, Barley Grass Juice Powder, Wheat Grass Juice Powder, Spirulina, Acerola Berry Juice Powder, Nova Scotia Dulse, Royal Jelly, Siberian Ginseng Extract, Ginkgo Biloba Extract, Green Tea Extract and Grape Seed Extract	Phytogreen
25)	"Vitamins C, Bl and A are nutrients known to be antioxidants".	Vitamins C, Bl and A	Oraflow Plus
26)	"To help nutritionally support the epidermal system"; and "For nutritional skin care".	Vitamin A (Fish Liver Oil), Vitamin D (Cholecalciferol), Vitamin E (dl-Alpha Toco- pheryl Acetate), Vitamin C (Ascorbic Acid), Vitamin Bl (Thiamine Mononitrate), Vitamin B2 (Riboflavin), Vitamin B6 (Pyridoxine HCI), Vitamin B12 Folic Acid, Niacia (Niacinamide), Biotin and Zinc (Zinc Sulfate)	Nutique Multivitamin Supplement with Zinc
27)	"Supplies antioxidant nutrients and free radical scavengers".	Vitamins A, B2, C and E	Deox
28)	"B Vitamins nutritionally essential for turning food into energy".	Vitamins B1, B2, B6 and B12	B-Complex Mega Formula
29)	"May nutritionally support mental performance".	Vitamins C and B12, Folic Acid, Potassium and Gotu Kola	Alert

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### Statement Text

### Name of Subject Dietary Ingredient(s)

# Brand Name

41) "Contains antioxidants which help control cell-damaging toxins"; "Contains minerals nutritionally essential for bone function and the digestion of food and transportation of oxygen throughout the body"; "Contains amino acids which are building blocks of proteins"; and "May keep children healthier and nutritionally build strong immune systems".

Beet, Carrot, Parsley, Tomato, Broccoli, Spinach, SuperNutri-Green™, Wheat Grass, Barley Grass, Soy Grass, Papaya, Apple, Beta-Carotene (A), Vitamin C and Vitamin E

NutriBuddies

42) "Nutritional support for the normal growth and repair of connective tissue, joints and articular cartilage"; "May nutritionally help rebuild joints, tendons, cartilage and soft tissue"; and "May nutritionally help reduce pain and inflammation and improve connective tissue elasticity and cushioning".

Glucosamine Sulfate and Manganese Sulfate

GS 1500

43) "P-5-P, a form of Vitamin B6, is nutritionally essential for amino acid metabolism, neurotransmitter synthesis and glycogen breakdown"; and "May nutritionally help provide lubrication to joints and bones, may nutritionally modulate the immune system, and may nutritionally relieve pain and inflammation".

Cerasomal-Cis-9-Cetylmyristoleate and Pyridoxal Phosphate (P-5-P) CMO CIS-9 with with P-5-P

44) "Beneficial bacteria for nutritional support of the colon".

Lactobacilli Acidophilus, Rhamnosus, Bifidus, Bulgaricus, Caucasicus and Yoghurti Alkadophilus

45) "Provides natural nutrients to support adrenal gland function".

Raw Adrenal Concentrate, Vitamin C, Pantothenic Acid, Zinc, Manganese and Niacinamide Adrenergy

46) "To maintain and strengthen nutritional health"; and "Alkalizes your body naturally". Barley Juice Concentrate

Alka-Green

Office of Special Nutritionals (HFS-450) Food and Drug Administration

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Statement Text	Name of Subject Dietary Ingredient(s)	Brand Name
50) "May reduce stress in the body and aid digestion".	Pancreas, Ox Bile, Papaya Enzyme, Duodenum, Liver, Betaine, Bromelain, Vitamins Bl and B2, Niacinamide, Anise, Peppermint and Chamomile	Alka-Pan
51) "Helps in the digestion of milk and dairy products" and "Aids the stomach's digestive process and may acidify the stomach".	Amylase, Protease, Lipase, Cellulase, Lactase, Papaya Enzymes (Papain), Pineapple Enzymes (Bromelain) and Alfalfa Powder	Super Digest

The information contained in this notice is complete and accurate. The above distributor has substantiation that the statements are truthful and not misleading.

∕David Bertrant CEO/President

Nutrition For Life International, Inc.